This module provides a structured format for the documentation of cultural information, where a consumer has been identified as being from a culturally and linguistically diverse background. It can be used during assessment at any point of care. Attach to relevant base module and summarise findings where appropriate in relevant components of the base module.

People present

CLIENT AND FAMILY CULTURAL IDENTIFIER(S) (e.g. country or place of birth, ethnicity / cultural groups, religion)

COMMUNICATION ISSUES (e.g. preferred language and dialect, proficiency in English, interpreter needed, consider potential gender / hierarchy / cultural / social communication barriers between client and health professional)

Cultural involvement / activities: (e.g. social, cultural and religious activities, practices, family roles and expectations)

MIGRATION HISTORY (e.g. when they left home country, reasons for migration, who was left behind? Migration route, time of arrival in Australia, perception of migration process, refugee camp stays)

ACCULTURATION (e.g. balance and / or conflict between culture of origin and Australian culture, residency status, migration intentions, involvement with and perception of Australian cultural environment, changes in activities, diet, socialising with other cultures, use of English)
CULTURAL PERCEPTION OF MENTAL ILLNESS
(e.g. description of illness, terms used, causes, impact and meaning of problem to client and family)

Traditional treatment(s) and approaches to illness
(e.g. traditional treatment options and/or services, experiences with traditional approaches, views of public mental health services and readiness for mental health care)

IMPLICATIONS FOR FORMULATION
(consider cultural explanation of the illness, meaning and severity within cultural norms, idioms of distress, acculturation stressors, ability to fulfill culturally determined roles)

OVERALL IMPRESSION:
(e.g. cultural match between client, therapist and mental health services)

CULTURAL IMPLICATIONS FOR MANAGEMENT/CARE PLAN
(e.g. referral to bilingual worker, involvement of traditional alternative healers, cultural impact on mental health service delivery)

CONTACTS:
(e.g. interpreter, community cultural service, bilingual worker, community aid/welfare, religious, cultural, legal, and alternative healers)

Communication undertaken with

<table>
<thead>
<tr>
<th>Name</th>
<th>Contact details</th>
<th>Comments</th>
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<tbody>
<tr>
<td>Primary carer/family</td>
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<tr>
<td>General practitioner</td>
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<td>Other (specify):</td>
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Staff Name: Signature: Designation: Date: