Co-Design Focus Group with people from Culturally and Linguistically Diverse (CALD) backgrounds

Project Overview
With funding provided by the NDIA, we are working to share and enhance reimagine.today, a FREE online resource that guides people living with a mental health condition through the step-by-step process of accessing the NDIS.

We have employed Peer Leaders in NSW/ACT, NT, QLD, SA, VIC and TAS to coordinate state-based Peer-led Networks and run a co-design process to develop additional resources for reimagine.today, that will further support people in accessing the NDIS. In particular, new resources and updates will improve accessibility for people from 4 priority diversity groups: Aboriginal and Torres Strait Islander peoples, people from culturally and linguistically diverse backgrounds, people living in rural and remote areas and LGBTIQQA+ people.

Co-design groups
We are conducting a co-design process alongside people with lived experience, their family, carers, supporters, advocates and service providers to improve existing materials and create NEW supporting resources. Co-design provides an opportunity for people to contribute in a respectful, safe and supported environment. Our process includes a focus on CALD communities and will include a series of 3 face to face focus groups, as well as other opportunities for participation.

Some things we will talk about:
• What is a psychosocial disability and what does that mean for you?
• How can reimagine.today support you to access the NDIS?
• What barriers do people from CALD backgrounds with mental health conditions face in accessing the NDIS?
• How can resources be improved to better support people from CALD backgrounds to access the NDIS?

How Can I get Involved?
We invite people from CALD backgrounds living with a mental health condition, their family, carers, supporters, advocates and service providers – to take part. Participants are welcomed to attend alone or with a supporter.

Each session will run for four hours, lunch and refreshments will be provided.
We want to engage 8-12 people per group. Appropriate reimbursement will be provided to eligible consumer/carer participants.

We invite you to attend the first co-design group which will occur in Parramatta on 23 May 2019.

To register your interest or if you have any questions please contact:
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