Date: 13 June 2019
Time: 9.00 am – 12.30pm
Venue: River Room
Transcultural Mental Health Centre
Building 55
Cumberland Campus
5 Fleet St
North Parramatta
Cost: FREE

Places are limited to a maximum of 25 participants

‘Planning, Promoting, Delivering and Evaluating Community-based Mental Health and Wellbeing Events’

Presentation by:
Michele Sapucci – TMHC Mental Health Promotion, Prevention and Early Intervention Program Leader

Workshop overview: This workshop aims to provide participants with the skills needed to effectively plan, promote, deliver and evaluate community-based events with a focus on Mental Health Month 2019.

The workshop targets community leaders, volunteers and workers engaged with culturally linguistic and diverse communities. It will be interactive and will include case studies, learning activities and handouts.

The workshop will provide an overview of the Transcultural Mental Health Centre and the aim of Mental Health Month in NSW. The key concepts of mental health promotion, prevention and early intervention will also be discussed.

Based on this framework and using a strength-based approach, participants will also be provided with practical skills on how to engage with communities, community leaders, carers and consumers and other key stakeholders in the development and implementation of mental health literacy activities, community forums and workshops.

To register, visit: www.dhi.health.nsw.gov.au/tmhc/TransFORUM
For more information, contact: Michele Sapucci
Phone: 8838 2189 or Michele.Sapucci@health.nsw.gov.au
Please RSVP by: Tuesday 11 June 2019

The TMHC is a NSW Health statewide service hosted in the Western Sydney Local Health District